

**Outdoor club session - Covid-19**

| <b>Date</b> | <b>Assessed By</b> | <b>Location</b> | <b>Review By</b> |
|-------------|--------------------|-----------------|------------------|
| 22/11/2020  | R Budding          | Ilkley          | 22/12/2020       |

| <b>Hazard</b>                                                                        | <b>Settings (Who and How)</b>              | <b>Existing Actions to Reduce Risk</b>                                                                                                                                                                                                                        | <b>Risk Score</b> | <b>Additional Actions to be Taken</b>                                                                                                                                                 | <b>Resultant Risk Score</b> |
|--------------------------------------------------------------------------------------|--------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|
| Lack of awareness of symptoms and government guidance                                | all attendees and the general public       | References in Ts&Cs and all attendees sign that they understand.                                                                                                                                                                                              |                   |                                                                                                                                                                                       |                             |
| Contact with other attendees who are ill or asymptomatic                             | all attendees and the general public       | Members not to attend if they feel unwell or have symptoms. Members confirm the day of the session they are fit to attend, which is recorded by the club<br>All attendees to observe social distancing guidelines within the group and to the general public. |                   | Activity leader to ask all attendees to confirm that they are fit to attend at the start of the session.<br>Activity leaders to reiterate the current guidelines regarding distancing |                             |
| Spreading through contact with surfaces.<br><br>Spreading through air borne contact. | Registration and members emergency contact | Use sign up sheet prior to session, only those signed up can attend.<br>Limit numbers of attendees to the government rule.                                                                                                                                    |                   | .                                                                                                                                                                                     |                             |

|  |                                               |                                                                                                                                                                                                                                                                                                      |  |                                                                               |  |
|--|-----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-------------------------------------------------------------------------------|--|
|  |                                               | Members to have updated their details in the members database and carry identification.                                                                                                                                                                                                              |  |                                                                               |  |
|  | meeting points and change over between groups | Meeting points should be at various points across the region and times to suit the group leader<br>The meeting point should easily accommodate attendees without harm to the public. Ensure there is time between back to back sessions for groups not to mingle and for any equipment to be cleaned |  | Activity leaders to remind attendees not to share items with others           |  |
|  | Routes                                        | Choose and document the session and routes so runners can maintain distances, not in closed spaces and with limited need to touch gates and hand rails.<br><br>Runners should not be pressurised to compete with each other or to attempt a session they are not comfortable with.                   |  |                                                                               |  |
|  | Equipment                                     | Any equipment, markers, cones, poles etc used in sessions should be cleaned before and after each session, including any back to back sessions, by                                                                                                                                                   |  | The individual who set out particular items should be the same who packs away |  |

|                        |                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                      |  |  |  |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|
|                        |                                                                                                                                                                                                 | the coach / run leader in line with government guidelines                                                                                                                                                                                                                                                                                                            |  |  |  |
|                        | First aid and dealing with minor injuries                                                                                                                                                       | <p>Runners to be able to deal with their own minor injuries.</p> <p>If a runner needs help, the number of contacts should be minimal.</p> <p>All run leaders should be first aid qualified<br/> Leaders to carry gloves and face mask to deal with more serious cases prior to attendance of the Emergency Services. CPR if necessary by chest compression only.</p> |  |  |  |
|                        | "Track and Trace"                                                                                                                                                                               | Club to keep records of session attendees for at least 21 days                                                                                                                                                                                                                                                                                                       |  |  |  |
| Invalid club insurance | <a href="https://d192th1lqal2xm.cloudfront.net/2020/07/ea-return-guidance-affiliated-clubs-v5.pdf">https://d192th1lqal2xm.cloudfront.net/2020/07/ea-return-guidance-affiliated-clubs-v5.pdf</a> | <p>Risk Assessment Co-ordinator appointed - Club Secretary<br/> EA fee has been paid.</p> <p>Sessions will be led during this period by coaches and leaders who have up to date DBS qualifications.</p> <p>Coaches and Leaders must have prepared a risk assessment for their session</p>                                                                            |  |  |  |



|                                               |                                  |                                                                                                                                                                                                                                                                                                                    |  |                                                                                        |  |
|-----------------------------------------------|----------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|----------------------------------------------------------------------------------------|--|
|                                               |                                  | <p>and recorded the session plan or route.</p> <p>Guidance will be communicated to members via Ts&amp;Cs for session sign-up.</p>                                                                                                                                                                                  |  |                                                                                        |  |
| Managing a Coronavirus outbreak with the club | <a href="#">Any club session</a> | <p>All sessions are outdoors with limited / no equipment so the focus is on communication with other session attendees</p> <p>Using the sign up list communicate with all attendees of an impacted session to seek testing and before the result to isolate</p> <p>Review the halting of sessions for a period</p> |  | Follow the Incident Flow Chart to ensure correct steps and actions have been followed. |  |

Hilda Coulsey 13th July 2020

Ammended:

R Budding 22 Nov 2020