



ILKLEY HARRIERS

Ilkley Incline Results

Sponsored by

The Bicycle Shop, Skipton

Ilkley Physiotherapy

CS, 1m/560'

Wednesday 4th September 2013

It has been a great year for blackberries and tomatoes and so it was with the number of competitors in the 12th Ilkley Incline. Not even the distractions of Elton John at Leeds Arena or a host of midges more locally could deter the valliant 108 from shattering the previous record of 87 in 2011. In a great race, four runners broke the 8 minute barrier with James Hall of Wharfedale a clear winner in 7m 25s with only ten seconds separating the next three. Second was Emile Cairaess of Bingley who took the under 18 prize. Racheal Bamford of Otley made it a hat trick of wins in consecutive years in the Ladies race in 8m 36s (only 8s off her last year's record). Ilkley won both of the team prizes. It was great to see sixteen different clubs represented and several runners having made lengthy journeys. The generous sponsorship from Ilkley Physiotherapy and The Bicycle Shop Skipton helped us to maintain our extensive prize list and is very much appreciated.

Geoff Howard
Race Organiser

First Team Ilkley Harriers AC 4,6,9,11

First Ladies' Team Ilkley Harriers AC 3,4,5

Posn	Time	Race #	Name	Club	Female	Class
1	7.25	47	James Hall	Wharfedale Harriers		
2	7.46	19	Emile Cairaess	Bingley Harriers		U18
3	7.51	56	Quentin Lewis	Baildon Runners		
4	7.56	93	Matthew Cox	Ilkley Harriers AC		
5	8.02	59	Neal Crampton	Torq Trail Running		
6	8.04	73	Rob Cunningham	Ilkley Harriers AC		
7	8.15	12	Chris Williams	Queensbury RC		
8	8.18	8	Fred Maier	Eryri		
9	8.20	18	Bradley Chapman	Ilkley Harriers AC		
10	8.21	7	John Robson	Hyde Park Harriers		
11	8.24	23	Mark Hall	Ilkley Harriers AC		
12	8.25	45	Matt Newell	Ilkley Harriers AC		U18
13	8.27	6	Andrew Robertshaw	Otley AC		V40
14	8.28	102	Jack Wood	Ilkley Harriers AC		
15	8.30	86	Tim Street	Horsforth Harriers		
16	8.32	26	Zack Whitehead	Skyrac AC		
17	8.34	108	Rogan Ashton	Otley AC		V40
18	8.36	27	Racheal Bamford	Otley AC	F	
19	8.39	87	Christopher Mann	Hyde Park Harriers		
20	8.45	1	Tom Hemingway	Riverside Runners		U18
21	8.47	37	Eddie Irving	Ilkley Harriers AC		V55
22	8.52	14	Michael Keedy	Skipton AC		V40
23	8.58	106	Stan Kakawasios	Hyde Park Harriers		
24	9.01	94	Simon Andersen	Otley AC		V40
25	9.09	74	Paul Calderbank	Ilkley Harriers AC		V50

Posn	Time	Race #	Name	Club	Female	Class
26	9.15	81	Gary Lewin	U/A		V45
27	9.15	39	Scott Alder	Pudsey & Bramley		
28	9.23	92	Duncan Cooper	Ilkley Harriers AC		V40
29	9.26	103	Adam Bennett	Ilkley Harriers AC		
30	9.28	3	Harvey Lord	U/A		
31	9.28	43	Lukas Lee	KCAC		V45
32	9.30	71	Mark Iley	Ilkley Harriers AC		V50
33	9.36	25	Ewan Welsh	Ilkley Harriers AC		V45
34	9.38	13	Henry Heavisides	Ilkley Harriers AC		V55
35	9.41	63	Gill Myers	Wharfedale Harriers	F	V50
36	9.42	104	James Vickers	Hyde Park Harriers		
37	9.43	80	Steve Weston	Ilkley Harriers AC		V40
38	9.43	36	Malcolm Pickering	Ilkley Harriers AC		V60
39	9.45	79	Jack Holder	Wharfedale Harriers		
40	9.46	48	Luke McQuade	Pudsey Pacers		
41	9.47	78	Keith Holder	Wharfedale Harriers		V50
42	9.51	72	Mark Gill	U/A		
43	9.52	31	Caz Farrow	Ilkley Harriers AC	F	
44	9.53	29	Phil Brown	Baildon Runners		V45
45	9.59	60	Michael Kennedy	U/A		V45
46	10.04	54	Tom Worboys	U/A		
47	10.07	58	Paul Stephens	Ilkley Harriers AC		V55
48	10.11	101	Bob Hamilton	Ilkley Harriers AC		V55
49	10.12	100	Phil Steel	Horsforth Fellandale		
50	10.14	44	Steve Newell	Ilkley Harriers AC		V45
51	10.16	30	Nicky Green	Ilkley Harriers AC	F	V40
52	10.16	88	Nick Clarke	U/A		V45
53	10.20	91	Chris Jones	Hyde Park Harriers		V55
54	10.28	52	Martin Gebbett	Horsforth Fellandale		V50
55	10.29	41	Alison Eagle	Ilkley Harriers AC	F	V50
56	10.30	33	Darryl Stead	Pudsey Pacers		V40
57	10.33	17	Martin Farrar	Wharfedale Harriers		V50
58	10.34	2	Maurice Hemingway	Riverside Runners		V55
59	10.35	61	Jerry Barnes	York Acorn RC		V50
60	10.38	98	Mark David	Nidd Valley RR		V50
61	10.42	21	Michael Toman	Rosendale Harriers		V45
62	10.43	50	Antony Mawson	Pudsey Pacers		V45
63	10.45	90	Daniel Waas	Hyde Park Harriers		
64	10.47	65	Trish Wardell	U/A	F	V45
65	10.47	34	Lucy Needham	Holmfirth	F	
66	10.48	11	Nikos Georgiadis	Ilkley Harriers AC		V40
67	10.53	16	Ken Fox	Hyde Park Harriers		V55
68	10.58	68	Simon Franklin	Horsforth Fellandale		V45
69	11.00	66	Mark Robinson	Harrogate Harriers		V45
70	11.02	105	Daisy Kotlyar	Hyde Park Harriers	F	
71	11.03	84	Rosalyn Moore	Harrogate Harriers	F	
72	11.03	55	John Cowan	U/A		
73	11.04	28	Alison Bennett	Ilkley Harriers AC	F	V50
74	11.09	82	Phil Hancock	Horsforth Fellandale		V40
75	11.14	95	Mark Keane	U/A		V45

Posn	Time	Race #	Name	Club	Female	Class
76	11.17	38	Jon Eagle	Horsforth Harriers		V50
77	11.24	42	Philip Hirst	Ilkley Harriers AC		V55
78	11.27	107	Kathryn Fisk	Horsforth Fellandale	F	
79	11.32	53	Will Worboys	Ilkley Harriers AC		
80	11.37	22	Michael Turnbull	U/A		
81	11.40	15	David Wolmersley	Hyde Park Harriers		V60
82	11.40	40	Debbie Bland	Baildon Runners	F	V60
83	11.41	76	Matt Podd	Otley AC		V55
84	11.43	57	Malcolm Coles	Valley Striders		V70
85	11.44	77	Colin Best	Otley AC		V55
86	11.48	20	Bev Smith	Horsforth Harriers	F	V45
87	11.55	35	Ian Hartman	Baildon Runners		V60
88	12.09	24	Dave Tait	Dark Peak FR		V65
89	12.16	75	David Timmins	U/A		V60
90	12.17	70	Peter Lewis	Ilkley Harriers AC		V60
91	12.19	4	Jo Lord	U/A	F	
92	12.35	67	Raj Madhas	Wharfedale Harriers		V45
93	12.40	62	Anne Handley	Wharfedale Harriers	F	V45
94	12.41	64	Nick Mellor	Ilkley Harriers AC		V55
95	12.47	49	Rachael Gooch	Ilkley Harriers AC	F	V60
96	12.49	97	Steve Burrow	U/A		V50
97	12.54	99	Andy Challinor	Horsforth Fellandale		
98	13.10	83	Tracy Freeman	Harrogate Harriers	F	
99	13.13	32	Nichola Bamford	U/A	F	V50
100	13.38	85	Geoffrey White	Ilkley Harriers AC		
101	13.59	89	Amanda Newham	Ilkley Harriers AC	F	V45
102	14.09	5	Don Macrae	Ilkley Harriers AC		V65
103	14.15	69	John Brown	Ilkley Harriers AC		V55
104	14.21	51	Steve Jordan	Ilkley Harriers AC		V55
105	14.24	96	Paul Milnes	U/A		V50
106	15.59	46	Patsy Hall	Wharfedale Harriers	F	V55
107	18.14	9	Ian Stansfield	Todmorden Harriers		V70
108	18.18	10	Antonio Cardinale	Otley AC		V60