

## 2009 ROAD RACE RANKINGS

### 5K

	<b>MEN</b>	<b>CAT.</b>	<b>TIME</b>	<b>EVENT</b>	<b>DATE</b>
1	Lee Morley	M35	17:06	John Carr 3	20-May
2	Lawrence Basham	M35	17:14	John Carr 3	20-May
3	Steve Weston	M40	17:25	John Carr 2	13-May
4	Dave Wilby	M	17.49	HPTT	22-Aug
5	Andy Wiggans	M45	17:54	John Carr 3	20-May
6	Justin Phillips	M	18:11	HPTT	15-Aug
7	Dave Jepson	M45	18:14	John Carr 3	20-May
8	Stephen Coy	M35	18:15	John Carr 3	20-May
9	Henry Heavisides	M50	18:16	John Carr 3	20-May
10	Mark Iley	M45	18:21	John Carr 2	13-May

### 5K

	<b>WOMEN</b>	<b>CAT.</b>	<b>TIME</b>	<b>EVENT</b>	<b>DATE</b>
1	Sally Morley	F35	18:11	John Carr 2	13-May
2	Brit Tate	FJ	19:23	John Carr 3	20-May
3	Jenny Dybeck	FJ	19:32	John Carr 3	20-May
4	Diane Haggart	F40	20:09	Lancaster	29-Aug
5	Alison Bennett	F45	20:19	John Carr 3	20-May
6	Jane Bryant	F40	20:58	BMAF	21-Jun
7	Jann Smith	F35	21:24	John Carr 2	13-May
8	Angela Srivastava	F40	21:34	John Carr 1	06-May
9	Sue Bickerdike	F40	22:46	John Carr 3	20-May
10	Jo Prowse	F55	22:55	Halifax	31-May

### 10K

	<b>MEN</b>	<b>CAT.</b>	<b>TIME</b>	<b>VENUE</b>	<b>DATE</b>
1	Lee Morley	M35	35.11	Rothwell	04-May
2	Lawrence Basham	M35	36.14	Rothwell	04-May
3	Justin Phillips	M	36.42	Rothwell	04-May
4	Andy Wiggans	M45	37.52	Manchester	05-Jul
5	Paul O'Looney	M40	38.16	Dewsbury	01-Feb
6	Richard Reeve	M50	39.19	Dewsbury	01-Feb
7	Kevin Gooch	M55	39.21	Dewsbury	01-Feb
8	Geoff Howard	M65	39.25	Wakefield	04-Apr
9	David Brown	M40	39.38	Harrogate	26-Jul
10	Henry Heavisides	M50	39.39	Bradford	29-Mar

### 10K

	<b>WOMEN</b>	<b>CAT.</b>	<b>TIME</b>	<b>EVENT</b>	<b>DATE</b>
1	Sally Morley	F35	37.16	Rothwell	04-May
2	Alison Bennett	F45	40.35	Dewsbury	01-Feb
3	Jane Bryant	F40	42.32	Salford	10-Apr
4	Jann Smith	F35	46.01	Bradford	29-Mar
5	Karen Lambe	F35	47.06	Bradford	29-Mar
6	Caroline Bell	F	47.09	Dewsbury	01-Feb
7	Amanda Oddie	F35	47.43	Jane T	21-Jun
8	Clare Smith	F40	48.18	Dewsbury	01-Feb
9	Rebecca Stapleton	F	49.51	Richmond	18-Oct
10	Gaenor Coy	F35	52.01	Dewsbury	01-Feb

### 10 MILE

	<b>MEN</b>	<b>CAT.</b>	<b>TIME</b>	<b>EVENT</b>	<b>DATE</b>
1	Chris Gale	M	61.51	Eccup	12-Jul
2	Andy Wiggans	M45	62.27	Bradford	18-Oct
3	Nick Richardson	M35	62.56	Otley	10-Jun
4	Richard Reeve	M50	63.55	Bradford	18-Oct

### 10 MILE

	<b>WOMEN</b>	<b>CAT.</b>	<b>TIME</b>	<b>EVENT</b>	<b>DATE</b>
1	Sally Malir	F45	68.47	Eccup	12-Jul
2	Jane Bryant	F40	71.22	St.Annes	15-Mar
3	Rebecca Mon-Williams	F35	73.06	Eccup	12-Jul
4	Kay Pearce	F	74.13	Otley	10-Jun

5	Richard Joel	M40	64.25	Otley	10-Jun	5	Chris Matthews	F55	77.09	St.Annes	15-Mar
6	Justin Phillips	M	65.34	Eccup	12-Jul	6	Karen Lambe	F35	80.88	Bradford	18-Oct
7	Jack Wood	M	65.35	Otley	10-Jun	7	Janet Grace	F40	84.14	Otley	10-Jun
8	Henry Heavisides	M50	67.19	Granny's Bay	16-Aug	8	Brenda Ogden	F40	86.43	Otley	10-Jun
9	Neil Chapman	M50	67.20	St.Annes	15-Mar	9	Fiona Schneider	F50	88.34	Bradford	18-Oct
10	Simon Chapman	M	68.44	Otley	10-Jun	10	Alison Stretton	F40	89.40	Otley	10-Jun

### 1/2 MARATHON

	<b>MEN</b>	<b>CAT.</b>	<b>TIME</b>	<b>VENUE</b>	<b>DATE</b>	
1	Jonathan Sinclair	M45	81.15	York	18-Jan	1
2	Justin Phillips	M	81.23	Royal Parks	11-Oct	2
3	Jamie Hutchinson	M35	81.34	Barcelona	08-Feb	3
4	Nick Richardson	M35	81.49	Leeds	10-May	4
5	Andy Wiggans	M45	82.03	Leeds	10-May	5
6	Stuart Pitches	M	82.11	York	18-Jan	6
7	Richard Reeve	M50	83.31	Leeds	10-May	7
8	Paul O'Looney	M40	84.00	Leeds	10-May	8
9	Steve Weston	M40	85.15	York	18-Jan	9
10	John Atkinson	M45	86.47	Leeds	10-May	10

### MARATHON

	<b>MEN</b>	<b>CAT.</b>	<b>TIME</b>	<b>EVENT</b>	<b>DATE</b>	
1	Steve Weston	M40	03:14:17	London	26-Apr	1
2	Andrew Shinn	M	03:27:52	London	26-Apr	2
3	Simon Chapman	M	03:47:26	London	26-Apr	3
4	Dave Taylor	M	03:55:32	London	26-Apr	4
5	Pete Bedwell	M50	04:16:50	London	26-Apr	5

### 1/2 MARATHON

	<b>WOMEN</b>	<b>CAT.</b>	<b>TIME</b>	<b>VENUE</b>	<b>DATE</b>	
1	Sally Malir	F40	86.37	York	18-Jan	1
2	Jane Bryant	F40	93.05	Leeds	10-May	2
3	Jann Smith	F40	97.03	Warrington	04-Oct	3
4	Angela Srivastava	F40	99.57	Leeds	10-May	4
5	Chris Matthews	F55	100.07	Wrexham	15-Feb	5
6	Helen Horton	F	100.10	Palma	18-Oct	6
7	Sue Bickerdike	F40	104.36	Palma	18-Oct	7
8	Liz Price	F40	107.44	Wrexham	15-Feb	8
9	Janet Grace	F	115.25	Keswick	03-May	9
10	Fiona Schneider	F50	115.56	Leeds	10-May	10

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	<b>WOMEN</b>	<b>CAT.</b>	<b>TIME</b>	<b>EVENT</b>	<b>DATE</b>	
1	Sally Malir	F40	03:06:48	London	26-Apr	1
2	Diane Kitchen	F	03:43:09	London	26-Apr	2
3	Fiona Schneider	F50	4.46.27	Windermere	17-May	3