

Posn	Name	Club	Category	Time
1	Tom Adams	Ilkley Harriers	M	42.18
2	Matt Cox	Otley	M	42.35
3	Gareth Hird	Wharfedale	M	42.53
4	Panos Aristotelous	Valley Striders	M	42.55
5	Michael Keedy	St Therasas	M	43.48
6	Richard Barrett	Skipton	MV40	44.48
7	Paul Mitchell	Bingley Harriers	MV45	45.07
8	Trevor Wilks	Leeds City	M	45.28
9	Rogan Ashton	Otley	M	45.37
10	Stephen Morran	Northern Vets	MV50	45.38
11	Gerard Mills	Bradford Airedale	MV40	45.40
12	Duncan Clarke	Abbey Runners	MV45	45.42
13	Gareth Moules	Valley Striders	M	46.01
14	Jim Ryder	Ilkley Harriers	MV40	46.10
15	Nick Richardson	Ilkley Harriers	M	46.36
16	Mick Lofthus	Valley Striders	MV40	46.42
17	Alex Sinclair	Skipton	M	46.47
18	Ian Rowbotham	Ilkley Harriers	MV50	46.51
19	Pete Clements	Askern DRC	MV45	47.00
20	Jim Clay	Valley Striders	M	47.01
21	Jonathan Sinclair	Ilkley Harriers	MV45	47.29
22	Steve Clawson	Rossendale	MV40	47.43
23	Paul Crabtree	Keighley	MV40	48.06
24	Tristan Sheard	Stainland Lions	M	48.22
25	Eirik Stangnes	Valley Striders	M	48.27
26	Max Rowell	U/a	M	48.32
27	N Chalesworth	U/a	MV40	48.38
28	Peter Millburn	Durham	MV45	48.42
29	Simon Courtney	Stadium Runners	M	48.50
30	John Atkinson	Ilkley Harriers	MV45	48.56
31	Simon Vallance	Valley Striders	MV40	49.15
32	Mick Quinn	Barnsley Harriers	MV45	49.34
33	Stephen Pickard	Baildon	MV50	49.39
34	Alastair Scott	U/a	M	49.41
35	Duncan Asquith	Skyrack	MV50	49.53
36	David Miller	Stadium Runners	MV40	49.48
37	Kevin Gooch	Ilkley Harriers	MV55	49.54
38	Graham Needham	Valley Striders	MV50	49.59
39	Darren Mackavenue	Stadium Runners	M	50.00
40	Martin Huddleston	Stadium Runners	M	50.01
41	Eddie Irving	Ilkley Harriers	MV50	50.15
42	Frank Glass	Skyrack	MV40	50.27
43	John Fortescue	Abbey Runners	MV45	50.36
44	Richard Reeve	Ilkley Harriers	MV50	50.37
45	Paul Hobbs	U/a	M	50.47
46	Ian Sanderson	Valley Striders	M	50.49
47	Glenn Costin	East Cheshire Harriers	M	50.51
48	Dave Jepson	Ilkley Harriers	M V45	50.53
49	Ian Knight	U/a	MV40	50.54
50	Joel Giddings	Valley Striders	M	50.55
51	Craig Worley	Kippax Harriers	M	51.07
52	Dave Cummings	Ilkley Harriers	MV45	51.10
53	Mark Datev	U/a	MV40	51.16
54	Neil Worswick	CLM	MV40	51.20
55	Barry Edwards	U/a	MV50	51.23
56	Andrew Cutts	Valley Striders	MV45	51.28
57	Mick Hogan	Eccleshill	MV40	51.31

Posn	Name	Club	Category	Time
58	Duncan Cooper	Ilkley Harriers	MV40	51.35
59	Aled Greenhalgh	Valley Striders	M	51.45
60	Sam Galloway	U/a	M	51.48
61	Jack Bridger	U/a	M	51.50
62	Dan Lambert	Otley	M	51.51
63	Jana Janockova	U/a	F	51.52
64	Ben Johnson	U/a	M	51.55
65	Jennie Guard	Leeds City	F	51.59
66	Alistair Smyth	Valley Striders	MV50	52.06
67	Daniel Shaw	Stadium Runners	M	52.19
68	Carl Heron	Queensbury RC	MV45	52.20
69	Dave Asken	Harrogate	MV45	52.32
70	Anthony Bain	Northern Vets	MV55	52.38
71	Martin Gebett	Fellandale	MV45	52.43
72	Tamara Hird	Wharfedale	F	52.47
73	Nigel Craven	Pudsey Pacers	MV50	52.47
74	P. Reed	Northern Vets	MV55	52.49
75	Janet Cordingley	Knavesmire Harriers	FV45	53.13
76	Dave Lewis	Ilkley Harriers	MV50	53.26
77	Eric Green	Valley Striders	MV50	53.36
78	Nicola Green	U/a	FV35	53.38
79	Henry Heavisides	Ilkley Harriers	MV50	53.43
80	Adam Worallo	U/a	M	53.46
81	Adrian White	Rugby and northampton	MV45	53.53
82	Julian Carter	U/a	M	53.59
83	Bob Jackson	Valley Striders	MV55	53.59
84	Rob Evans	U/a	M	54.01
85	Graham Curtis	Kirkstall Harriers	MV45	54.03
86	Simon Weir	U/a	M	54.05
87	Tom Worboys	U/a	M	54.08
88	Nick Barnes	Valley Striders	M	54.09
89	Paul Smith	Lancaster and Morecombe	M	54.10
90	Selina Reidy	U/a	F	54.12
91	Jonathan Cartwright	Stadium Runners	M	54.18
92	Rachel Wolfenden	Ilkley Harriers	F	54.27
93	Alison Eagle	Ilkley Harriers	FV45	54.30
94	N. Whittingham	Keighley	MV40	54.35
95	Phil Widdop	Stadium Runners	MV50	54.49
96	Clare Pickersgill	Longwood Harriers	F	54.56
97	Howard Cohen	Abbey Runners	MV45	55.00
98	Norman Bush	Ilkley Harriers	MV65	55.04
99	Peter Edwards	Harrogate	MV45	55.05
100	David Cooper	Pudsey Pacers	M	55.06
101	Rowan Scott	U/a	M	55.18
102	John Wallace	Valley Striders	MV40	55.19
103	Grenville Wade	U/a	MV50	55.20
104	Nigel Tapper	Ilkley Harriers	MV45	55.21
105	David Swinton	u/a	MV50	55.26
106	Mike Poresta	U/a	MV45	55.26
107	Diane Haggard	Ilkley Harriers	FV45	55.31
108	John Campbell	U/a	MV50	55.34
109	David Scott	Clayton le Moors	MV65	55.43
110	Mike Richardson	U/a	M	55.47
111	Andrew Hudson	St Bedes	M	55.49
112	John Ward	Abbey Runners	MV55	55.50
113	Derek Oliver	U/a	MV45	56.01
114	Alison Bennett	Ilkley Harriers	FV45	56.04

Posn	Name	Club	Category	Time
115	Sarah King	Skipton	FV45	56.11
116	Michaela Dempsey	Wesham	FV40	56.26
117	Christopher Glover	Kirkstall Harriers	MV40	56.42
118	Wayne Sables	Barnsley Harriers	MV40	56.46
119	Tom Hannah	Otley	MV55	56.48
120	Stephen Rhodes	U/a	M	56.50
121	Malcolm Chambers	St Bedes	MV50	57.14
122	John Woodward	Ilkley Harriers	MV45	57.15
123	Graham Mcanany	York Acorn	M	57.16
124	Sharon williams	Abbey Runners	FV40	57.17
125	Ben Marchant	U/a	M	57.18
126	Rachel Pilling	U/a	F	57.19
127	Laura Mayo	Kirkstall Harriers	F	57.19
128	Marion Carrera	Bingley Harriers	FV35	57.23
129	Neil Chapman	Ilkley Harriers	MV50	57.29
130	Tim Whitcombe	Idle ac	MV50	57.32
131	Allison Skillicorn	Kippax Harriers	F	57.33
132	Simon Bowey	Baildon	MV40	57.34
133	Phil Routh	Idle ac	MV45	57.40
134	Paul Cotterill	U/a	MV55	57.42
135	Xanthe Hannah	Valley Striders	F	57.44
136	E. Vandergucht	Keighley	F	57.44
137	Debbie Kirkman	U/a	FV40	57.48
138	Val Kerr	Ilkley Harriers	FV50	57.53
139	Catherine Eve	u/a	FV35	57.59
140	Joe Thornhill	U/a	MV40	58.07
141	Helen Horton	Ilkley Harriers	FV45	58.07
142	Keith Wood	Ilkley Harriers	MV45	58.12
143	Pete Rawnsley	Skyrac	MV60	58.15
144	Rob Grafton	U/a	MV45	58.18
145	Gillian Gaskin	Horsforth Harriers	FV35	58.25
146	Brian Pickersgill	Longwood Harriers	MV60	58.35
147	Mick Howard	Spenneth ac	MV45	58.40
148	Theresa Duckett	Horsforth Harriers	FV40	58.47
149	Michael Waterhouse	Ilkley Harriers	M	58.53
150	Ania Sroka	ICC ac	FV40	59.02
151	Jane Louise Whitelov	Dewsbury RR	FV40	59.04
152	Dave Armstrong	St Bedes	MV60	59.04
153	Simon Greene	Northern Vets	MV55	59.06
154	Kerry Storrar	Barnsley Harriers	Fv35	59.08
155	Daniel Lownes	u/a	M	59.10
156	Gary Naylor	Idle ac	M	59.11
157	Tom Casey	Leeds City	M	59.13
158	Jann Smith	Ilkley Harriers	FV35	59.14
159	Liam Mealey	U/a	M	59.15
160	Susan Sunderland	Valley Striders	FV40	59.23
161	Susan milburn	Newton Arncliffe	FV50	59.27
162	Dave Clancy	Dewsbury RR	MV40	59.31
163	James Riley	Stadium Runners	M	59.35
164	Camilla Dyson	U/a	FV40	59.41
165	Fiona Raby	Keighley	F	59.47
166	Dave Gibson	U/a	M	60.08
167	Richard Parkin	U/a	MV50	60.10
168	John Pickering	Ilkley Harriers	M	60.38
169	Eric Hawthorn	Ilkley Harriers	MV45	60.41
170	Dave Beston	Abbey Runners	MV50	60.54
171	Ken Dickinson	U/a	MV55	60.56

Posn	Name	Club	Category	Time
172	Stephen Lock	U/a	M	61.10
173	Paluku Lusi	U/a	M	61.12
174	Peter Yates	Rothwell	MV60	61.13
175	Debbie Spurr	Keighley	FV45	61.15
176	Colin Watson	Dewsbury RR	MV60	61.17
177	Liz Grayson	Skyrac	FV40	61.38
178	Nicola Bradford	Pudsey Pacers	FV35	61.42
179	Pete Holt	U/a	MV50	61.43
180	John Cottam	Stadium Runners	MV50	61.55
181	Martin O' Brien	Stainland Lions	MV45	61.57
182	Andrew Jackson	Ilkley Harriers	MV45	61.59
183	Geoff Webster	Valley Striders	MV60	62.05
184	John Tayler	Stadium Runners	MV50	62.06
185	Ron Davies	Ackworth	MV65	62.23
186	John Goodson	U/a	M	62.28
187	Tony Knight	Tiptree RR	MV40	62.30
188	Jo Wildgoose	u/a	FV35	62.34
189	Richard Lyons	Idle ac	MV50	62.37
190	Alistair Fare	Valley Striders	MV45	62.40
191	Jay Kitchen	Kippax Harriers	MV45	62.42
192	Lucy Taylor	U/a	FV35	62.42
193	John Marshall	Ilkley Harriers	MV50	62.55
194	Stephen Whittle	Northern Vets	MV55	63.04
195	Val Done	Keighley	FV45	63.13
196	Sandy Coe	Stainland Lions	MV50	63.13
197	Paula Bray	Pudsey Pacers	F	63.13
198	Michael wilson	Settle Harriers	MV50	63.18
199	Chris Jamieson	Fell Ponies	MV50	63.31
200	Richard Ciouan	u/a	MV40	63.34
201	Peter Huby	St Bedes	MV45	63.38
202	Pete Hill	u/a	M	63.39
203	Jonathan Smith	Dewsbury RR	M	63.44
204	A Smallwood	u/a	MV50	63.44
205	Ron Hill	Clayton le Moors	MV70	63.51
206	Rachael Gooch	Ilkley Harriers	FV55	63.53
207	Colin Lugton	Ilkley Harriers	MV60	63.56
208	Pete Hucker	U/a	M	63.56
209	Sarah Edwards	Abbey Runners	F	63.59
210	Michael Kershaw	U/a	MV50	64.12
211	John Hunter	Swaledale RR	MV55	64.14
212	Nicloa Eccles	u/a	FV35	64.20
213	Keith pratchett	St Bedes	MV65	64.31
214	Stella Cross	Abbey Runners	FV50	64.36
215	Tracy Wilson	Settle Harriers	FV40	64.38
216	Martin Burnside	Idle ac	MV45	64.39
217	Allan Johnson	Lincoln Lakeside	MV55	64.42
218	Alistair Dobson	U/a	M	64.46
219	Kirstie Holmes	St Bedes	FV35	64.47
220	Paul Dunlon	Stadium Runners	MV50	64.54
221	Sam Ritson	Scunthorpe	F	64.56
222	Sharon Meadows	Ilkley Harriers	F	65.00
223	Alyson Glover	Pudsey Pacers	FV40	65.19
224	Jim Benson	U/a	MV45	65.20
225	Michael harris	U/a	MV40	65.23
226	Debbie Bland	Skyrac	FV55	65.26
227	Esther Logue	U/a	FV35	65.28
228	Kaye Barney	Dragons	FV45	65.30

Posn	Name	Club	Category	Time
229	Katy Roelich	U/a	F	65.36
230	Roberto Payne	Ilkley Harriers	MV65	65.42
231	James Gaffny	U/a	M	65.47
232	Angela Sturgess	U/a	FV40	65.51
233	Gaenor Coy	Ilkley Harriers	FV35	65.58
234	Jayne Chappel	Uknet runner	FV50	66.04
235	Martin Walker	Uknet runner	MV40	66.04
236	Kevin O'Brien	Clayton le Moors	MV65	66.17
237	Pete Cambell	u/a	M	66.27
238	Alison Stretton	Ilkley Harriers	FV40	66.30
239	Chris Gaffny	U/a	MV45	66.31
240	Janet Murnin	Dewsbury RR	FV45	66.33
241	Donald Macrae	Ilkley Harriers	MV60	66.36
242	Tim Galloway	U/a	M	66.37
243	Sophie Brown	Ilkley Harriers	FV35	66.59
244	Jane lord	Stadium Runners	FV40	67.18
245	Myra Owen	Stadium Runners	FV45	67.27
246	Jenny Cooper	Pudsey Pacers	F	67.28
247	Paul sugden	Ilkley Harriers	MV45	67.44
248	Amanda Bellwood	Dragons	F	67.56
249	Tim Bellwood	Dragons	M	67.56
250	Liz Casey	Abbey Runners	FV45	68.05
251	Jane Guillard	Ilkley Harriers	FV40	68.07
252	Lyndon Ross	Eccleshill	MV40	68.09
253	Chris Watson	u/a	MV45	68.19
254	James Pickersgill	Ilkley Harriers	MV45	68.23
255	Jane Rowbotham	Harrogate	FV50	68.25
256	Fiona Schneider	Ilkley Harriers	FV50	68.28
257	Rebecca Stunell	U/a	F	68.34
258	Carole Kitchen	Kippax Harriers	FV45	68.42
259	Kate Walter	Baildon	FV45	68.46
260	Helen Soutar	Harrogate	Fv40	68.57
261	Jon Brown	u/a	MV40	68.59
262	Sheena Pickersgill	Ilkley Harriers	FV45	69.00
263	Hilary Andrews	U/a	Fv45	69.22
264	Clive Boothman	Baildon	MV60	69.31
265	Lindsey Winter	Eccleshill	F	69.35
266	Jim Trouille	U/a	MV50	69.43
267	J Christian	U/a	MV45	70.09
268	Fiona Willis	Stadium Runners	FV40	70.10
269	Stuart Adamson	U/a	MV55	70.11
270	Sue Exon	Trafford ac	FV55	70.16
271	Val costin	U/a	FV55	70.19
272	Val Pell	Kippax Harriers	FV50	70.41
273	David Shipley	Pudsey Pacers	MV55	70.44
274	Dave Williamson	u/a	MV40	71.04
275	Eva watson	U/a	FV40	71.24
276	Charles Thackray	West Cheshire	MV60	71.24
277	Rebecca Russel	u/a	F	71.30
278	Neil Russel	Baildon	MV55	71.34
279	Christine Addison	Fellandale	FV40	71.38
280	Nicola dawson	Stadium Runners	F	71.44
281	Jane Stirling	Holmfirth Harriers	FV35	71.53
282	Jim Andrews	u/a	MV40	71.54
283	Isaac Dell	Abbey Runners	MV50	72.04
284	Bev Parker	Dewsbury RR	FV40	72.19
285	Rachelle Friell	Stadium Runners	FV40	72.27

Posn	Name	Club	Category	Time
286	K Raam	u/a	M	72.34
287	Jill stocks	Kirkstall Harriers	F	72.47
288	Liz Boothman	Baildon	FV55	72.50
289	Michelle Duff	Kippax Harriers	Fv50	72.54
290	Peggy Ribeiro	u/a	F	72.55
291	Helen Trouille	u/a	FV45	72.55
292	Sue Holmes	Kippax Harriers	FV40	73.01
293	Andrew Bennett	Ilkley Harriers	MV50	73.04
294	Mark Kerr	Ilkley Harriers	MV50	73.39
295	Mel Bryan	Baildon	Fv35	73.42
296	Dave Bryan	u/a	M	73.44
297	Fiona Wood	u/a	FV40	73.56
298	Helen Brett	Keighley	FV40	73.58
299	Alan scholey	u/a	MV50	74.01
300	Caren Crabtree	Keighley	F	74.03
301	Richard Kennington	Tring	MV50	74.18
302	Sarah Cliff	U/a	FV35	74.31
303	Dave Crowther	Stainland Lions	MV55	74.46
304	Pat Nesdon	Kirkstall Harriers	MV50	74.52
305	Linda Carey	Baildon	FV50	75.01
306	Alice Barnett	U/A	Fv50	75.15
308	Christine Hall	Ackworth	FV50	75.21
309	L Kiernan	Stadium Runners	FV45	75.24
310	Dawn hogan	Eccleshill	FV40	75.35
311	J. Wiper	Stadium Runners	F	75.38
312	Dodger Dawson	Skyrac	MV60	76.02
313	Donna Line	St Bedes	F	76.48
314	Bev Harne	Keighley	Fv35	76.54
315	Graham Kitchen	Dragons	MV45	76.56
316	Sarah Jones	Dragons	FV35	76.57
317	Barrie Ainscow	Sale harriers	MV45	76.58
318	Liz Barlow	St Bedes	FV35	77.05
319	Karen Oloughlin	u/a	FV45	77.31
320	Phil Oloughlin	u/a	MV45	77.32
321	Jane Oughton	Abbey Runners	FV50	77.54
322	Derek Mitchell	Eccleshill	MV65	78.38
323	Sharon Heels	Eccleshill	FV40	79.21
324	Gary Beesley	u/a	M	79.46
325	Kelly Palmer	Kippax Harriers	Fv50	80.45
326	Jason Pownall	u/a	M	80.56
327	Ken Bingley	Ackworth	MV70	80.58
328	Stephen ridge	u/a	M	81.03
329	Rod Berry	Kendal	MV70	82.22
330	A. Lincoln	Idle ac	FV50	85.21
331	J. Brewerton	Stadium Runners	FV50	86.58
332	Olive Brearley	Stadium Runners	FV60	88.57
333	Alison cottam	Stadium Runners	Fv50	89.01
334	Basil Thompson	Aireienteers	MV70	94.29
335	Ria Bright	u/a	FV40	98.02
336	Jennifer Williams	u/a	F	107.57
337	Zab Moghal	u/a	M	107.57
338	BillyGardener	Lancaster and Morecombe	MV50	108.14