



### Coiners - Round 4 English Junior Fell champs, Monday May 4th

For the 5<sup>th</sup> time the English Champs returned to Mytholmroyd in the South Pennines for the Coiners Fell race. 14 JIH's made the journey across to the race hosted by CVR. The race had a really tough lung busting climb out of the bottom field, up through some woods with the older juniors making it up to the tops where glorious open moorland added another experience to the race. The open moorland in places was pretty tricky underfoot with many competitors losing their footing in the bogs and tussocks as they tried to pick out the best route ( Nea, I am saying nothing, two years on the bounce – same spot? :- ) ) The day brightened up as the morning progressed and with visibility good it was possible to see the older JIH's do the entire loop on the moor top with the U18 going all the way up to the iconic Stoodley Pike

The race for all ended down a step grassy slope which made for a fantastic finish with all flat out attempting to get the best possible result. With all the routes being at the top end of the distance allowed in the age groups it was a true test of endurance. Some great results from all in all the age categories from U8's to the U18's. Whilst it could be said that I have a special interest it was great to see Emily back in an Ilkley vest competing for the first time in 8 months, running steadily and finishing with no adverse effects.

As is now tradition Mrs Elmes, Lofthouse, & Williamson decided to "assist" the JIH's again this year by carbo loading with cakes on behalf of the squad. Whilst it was difficult to ascertain if the juniors benefited from this fantastic sacrifice, Julie, Kate and Sue looked very pleased with their mornings work. (just look at the photo) The cake stall/charity definitely benefited, I think they can retire on the profits!!!! :-)

In the Club Championship we are still in 4<sup>th</sup> place (out of 54) - only 6 points behind 2<sup>nd</sup> place.

Next race in the series is Malham Kirby Fells hosted by KCAC on Sat 30<sup>th</sup> May. This is the last race before the Turner Hall uphill only race in June. Let' see if we can get a good turnout that takes us closer to our team goal of finishing in the top 3 positions this year.

Well done to all that again gave it everything in a tough but hugely enjoyable championship race, we are all proud of every one of you!

Results -

U8B Max Stead 12<sup>th</sup>

U10G Robyn Anderson 7<sup>th</sup>, U 10B Dylan Carr 32<sup>nd</sup>

U12G Poppy Anderson 8<sup>th</sup>, U12B Lewis Carr 18<sup>th</sup>, Harry Stead 37<sup>th</sup>

U14G Emily Elmes 25<sup>th</sup> U14B Euan Brennan 6<sup>th</sup> Robbie Matthews 15<sup>th</sup>

U16G Jemima Elgood 3<sup>rd</sup> Lucy Haines 9<sup>th</sup> Nea Weston 25<sup>th</sup>

U18G Lucy Williamson 4<sup>th</sup>, Joanne Williamson 6<sup>th</sup>