

**Road Race Rankings
2015**

5K

MEN				WOMEN				
	TIME	EVENT	DATE		TIME	EVENT	DATE	
1	Tom Adams	00:15:04	John Carr1	06-May	Sally Morley	00:18:09	John Carr1	06-May
2	Jack Wood	00:16:48	Leeds Woodhouse	27-Jun	Sally Malir	00:19:43	Leeds Woodhouse	30-May
3	Ruaridh Mon-Williams	00:16:49	John Carr1	06-May	Lucy Williamson	00:19:45	Podium	28-Feb
4	Euan Brennan	00:16:57	John Carr2	13-May	Jann Smith	00:19:49	John Carr1	06-May
5	Matt Newell	00:17:04	Podium	14-Mar	Jemima Elgood	00:19:52	Skipton	18-Jul
6	Jack Cummings	00:17:07	John Carr3	20-May	Sarah Pickering	00:20:05	Bradford park run	10-Oct
7	Dominic Coy	00:17:39	Fountains Abbey	24-Oct	Bethan Morley	00:21:24	John Carr3	20-May
8	Alex Hirst	00:17:41	Hilly Fields	26-Sep	Nicky Hopwood	00:21:28	John Carr3	20-May
9	Mark Mon-Williams	00:17:44	John Carr1	06-May	Jean Sullivan	00:22:11	John Carr3	20-May
10	Cameron Reilly	00:17:50	John Carr1	06-May	Helen Waddington	00:22:21	John Carr2	13-May

10K

MEN				WOMEN				
	TIME	VENUE	DATE		TIME	EVENT	DATE	
1	Tom Adams	00:31:28	Bradford	27-Sep	Jane McCarthy	00:38:40	Bradford	27-Sep
2	Dan Wilkinson	00:34:44	Lancaster	15-Jul	Sally Malir	00:40:10	Dewsbury	01-Feb
3	Alex Sinclair	00:35:24	Leeds	12-Jul	Lucy Williamson	00:41:28	Bradford	25-Oct
4	Matt Newell	00:35:35	Dewsbury	01-Feb	Catherine Farrow	00:41:43	Dewsbury	01-Feb
5	Rob Cunningham	00:36:23	Manchester	10-May	Kate Archer	00:42:11	Dewsbury	01-Feb
6	Dan Hayes	00:37:52	Leeds Abbey Dash	15-Nov	Rachel Carter	00:44:25	Leeds Abbey Dash	15-Nov
7	Alex Hirst	00:37:53	Martin Egan Mem	12-Jul	Helen Waddington	00:46:11	Dewsbury	01-Feb
8	Steve Newell	00:38:40	Dewsbury	01-Feb	Stephanie Fox	00:47:23	Dewsbury	01-Feb
9	Mark Iley	00:39:18	Salford	03-Apr	Christine Cox	00:47:25	Leeds	12-Jul
10	Dick Waddington	00:39:52	Leeds	12-Jul	Chantal Busby	00:47:10	Harrogate	05-Jul

10 MILES

MEN				WOMEN				
	TIME	EVENT	DATE		TIME	EVENT	DATE	
1	Rob Cunningham	01:04:14	Yorkshire	10-Oct	Sally Malir	01:05:10	Thirsk	22-Mar
2	Steve Weston	01:05:13	Ferriby	25-Jan	Kate Archer	01:09:27	Eccup	05-Jul
3	Gavin Lamb	01:06:36	Eccup	05-Jul	Jane McCarthy	01:10:26	Guy Fawkes	01-Nov
4	Jonathan Sinclair	01:06:57	Otley	10-Jun	Jane Bryant	01:18:45	Yorkshire	10-Oct
5	Tom Worboys	01:07:40	Eccup	05-Jul	Christine Cox	01:21:37	Eccup	05-Jul
6	Andrew Overend	01:08:48	Otley	10-Jun	Chloe Merrick	01:23:21	Eccup	05-Jul
7	Jonathan Sinclair	01:08:09	Guy Fawkes	01-Nov	Jean Sullivan	01:25:18	Burnsall	22-Aug
8	Andrew Merrick	01:09:34	Eccup	05-Jul	Helen Waddington	01:25:22	Otley	10-Jun
9	Nick Richardson	01:09:08	Guy Fawkes	01-Nov	Hilda Coulese	01:26:19	Eccup	05-Jul
10	Ben Joynson	01:10:03	Thirsk	22-Mar	Petra Bjsterveld	01:31:02	Eccup	05-Jul

1/2 MARATHON

MEN				WOMEN				
	TIME	VENUE	DATE		TIME	VENUE	DATE	
1	Dan Wilkinson	01:16:14	Brass Monkey	18-Jan	Jane McCarthy	01:26:57	Brass Monkey	18-Jan
2	Ben Shepherd	01:20:19	Brass Monkey	18-Jan	Sally Malir	01:28:30	Liversedge	15-Feb
3	Alex Hirst	01:21:15	Budapest	13-Sep	Kate Archer	01:30:50	Brass Monkey	18-Jan
4	Rob Cunningham	01:23:29	Wilmslow	22-Mar	Helen Waddington	01:41:42	Wilmslow	22-Mar
5	Steve Weston	01:24:40	Freckleton	21-Jun	Christine Cox	01:49:31	Leeds	10-May
6	Dick Waddington	01:24:56	Brass Monkey	18-Jan	Stephanie Fox	01:48:50	Brass Monkey	18-Jan
7	Justin Phillips	01:26:06	Liverpool	29-Mar	Jane Bryant	01:53:04	Budapest	13-Sep
8	Jonathan Sinclair	01:27:31	Leeds	10-May	Hilda Coulese	01:56:46	Leeds	10-May
9	Andrew Merrick	01:30:31	Leeds	10-May	Gemma Buckley	01:58:08	Great North Run	13-Sep
10	Mike Helme	01:33:32	Brass Monkey	18-Jan	Nicky Hopwood	02:02:14	Great North Run	13-Sep

MARATHON

MEN				WOMEN				
	TIME	EVENT	DATE		TIME	EVENT	DATE	
1	Andrew Merrick	02:59:17	Yorkshire	10-Oct	Jane McCarthy	03:02:24	Yorkshire	10-Oct
2	Steve Weston	02:59:43	Yorkshire	10-Oct	Sally Malir	03:07:36	London	26-Apr
3	Dick Waddington	03:00:40	Berlin	27-Sep	Helen Waddington	04:12:27	Berlin	27-Sep
4	Alex Hirst	03:17:17	Big Sur	26-Apr	Catherine Farrow	04:15:00	Swaledale	13-Jun
5	Michael Duffield	03:25:52	London	26-Apr	Petra Bjsterveld	04:47:57	Kielder	04-Oct
6	Tom Worboys	03:28:38	Liverpool	14-Jun	Julie Elmes	04:51:00	London	26-Apr
7	Tim Buckingham	03:29:23	London	26-Apr	Adela Reperecki	04:54:00	Swaledale	13-Jun
8	Michael Lomas	03:50:31	Snowdonia	24-Oct	Abigail Bailey	05:46:58	London	26-Apr
9	David Howe	03:51:00	London	26-Apr				
10	Phil Hirst	03:59:27	Big Sur	26-Apr				