
Ilkley Harriers Emergency Contact Policy

In all potential emergency incidents occurring during official Ilkley Harriers events members should follow the guidance provided on the Clubmark website i.e.

Stay calm but act swiftly and observe the situation. Is there danger of further injuries?

Listen to what the injured person is saying.

Alert the first-aider who should take appropriate action for minor injuries.

In the event of an injury requiring specialist treatment, call the emergency services.

Deal with the rest of the group and ensure that they are adequately supervised.

Do not move someone with major injuries. Wait for the emergency medics.

Contact the injured person's parent/carer.

Complete an incident/accident report form.

Additionally members are advised to be aware at all times of whether or not the run/activity you are undertaking is an official Ilkley Harriers run or activity because the UK Athletics insurance policy only applies to those that are so designated. All events listed on the Ilkley Harriers website under the Training tab are designated as such. All other runs/activities may on a one-off or periodic basis also be so designated but most activities involving members who arrange to meet between themselves for a run or other activity will not be.

Members are also advised to ensure if possible that, before setting off for a run, someone is aware of the route you intend to take and of your expected time of return.

Members are also advised of the desirability of ensuring access to a telephone during a run particularly if running alone.

Additionally during races organised by Ilkley Harriers and involving non-members

Advise all race participants, marshals and other helpers that the Ilkley Harriers race organizer must be informed.

Depending upon the seriousness of the incident the race organiser will take the appropriate action ranging from (for a minor incident) reviewing the event's risk assessment, to (when the incident is legally notifiable) reporting the incident to the police. In all such situations, the officers of the Ilkley Harriers Committee must also be notified.

Additionally during races organised by other clubs or organisations

Inform the race organiser and the officers of Ilkley Harriers Committee.
