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| | <ul style="list-style-type: none"> • Martin Wright • Emma O’Looney • Paul Sugden • Mike Picken • Jules Carter <p>There were 6 other expressions of interest, and these were drawn from the hat for a reserve list in the following order: Ralph Tench, Alison Stretton, Rob Cunningham, Mike Baldwin, Paul Sowden and Fiona Schneider.</p> | |
| 4 | <p>Developing the Club.</p> <p>i) Coaching. All courses are expensive, and do not seem particularly appropriate for running clubs. However, the club does need more level 2 coaches, and funding may be available through the Bradford Athletics Network (BAN). There is the possibility of an “open” course in Leadership in Running Fitness which looks an appropriate introductory course. There may be other clubs in the area who would share costs and Shirley W is exploring this through BAN. It was agreed that the club should have a list of qualified coaches. Paul S will keep this. All to let him know who they are aware of.</p> <p>ii) Development Plan. Paul W had reviewed last years and drafted a plan for 2010/11. To be discussed at December meeting.</p> <p>iii) Relays Policy. Paul W circulated a draft policy. After a lengthy discussion it was agreed subject to minor changes in the introduction to emphasise the need for clear selection criteria. Paul S and Jane B to send Paul W suggested revisions. Paul W then to re-circulate.</p> | <p>SW</p> <p>PS</p> <p>All</p> <p>PS/JB PW</p> |
| AOB | <p>i) Harriers League 2011. Neil C circulated information on previous years league races. To be finalised at December meeting.</p> | |
| TDP | December 7th 8.40pm ILTSC | |

Reports

Chairman's report

As the clocks change, we seem to be hurtling full tilt into Winter. We already have 2 XC races under our belt, with not much mud (yet!) but plenty of glory with good turnouts in the very tough WYXC races and some inspirational running – great to see Tom Adams recording top 10 places!

The YVAA Relays were a great success for the Club on all fronts. Peter Shields organised them very well again, with Police assistance, a huge turnout of able Harriers helpers, superb catering, and even the brand new Results system (the normal YVAA results chap couldn't come) working well. And we had a record number of 16 Ilkley teams out with five 2nd places and several 3rd places.

It's only a short break before the 5 mile race, but I'm sure all Committee members will help with encouraging an equal number of helpers to lend Neil a much-needed hand. This is a very public race and we need to put on another great show. If *you* can't help on the day, please persuade at least one other Club member to.

As I'm reviewing last year's Development Plan and preparing a new one for this year, this issue of identifying and mobilising helpers is one that we haven't been able to 'crack' yet. On the Tuesday before Peter's race we had just 5 helpers signed up! It always seems to be alright on the night, but it can be nerve-racking for the organiser....

Another issue that is outstanding is recruiting and possibly training Tuesday run leaders, and training more coaches to share the load on the more structured sessions. After the successful Club meeting with Lucy Birkenshaw from England Athletics we have a better idea on how the coaching course are now structured so we can develop some plans on that now.

Junior committee report

All coaching sessions are back in full swing and we currently have 172 juniors who have renewed their membership for 2010/11. We have had one School XC event at Ghyll Royd where we had just over 500 children racing and two Complete Runner League events where we had 23 race at Nunroyd and 18 at Huddersfield. Our girls have had team placings - U11 girls (3rd and 2nd), U13 girls (2nd, 4th) and U15 girls (two 6ths). Unfortunately we have not managed to get enough boys out for a team placing at either event. At the first Bradford Athletics Network Sportshall athletics competition we had 16 juniors compete and they all came away with medals of various colours. At the Withins fell race we had 13 juniors racing from U16 to U8. Finally 3 of our juniors have been selected to attend the Yorkshire & Humberside Regional squad training at EIS in Sheffield. Daniel Judkowski (U17) and Harry Maslen (U15) for combined events and George Dale (U17) for Shot Putt. The Junior Volunteer of the month for September was Ian Marshall who is a Level 2 coach and has been coaching in the junior section for 3/4 years (?). He coaches SHA on a Monday with the 11 to 15 year olds and is a regular at the Saturday Family Fell run - leading the group when Neil is unable to. The Junior Volunteer of the month for October was Max Greaves who when we set up Ilkley Sportshall Athletics back in 2002 was our youngest junior. He 'graduated' out of SHA last Easter and although does not hold any coaching qualifications due to his age has been a junior helper on a Thursday for the last 18 months. He helps to set up for the session, coaches during the sessions when required and is generally a fantastic help.

Although October has been a busy month looking ahead November appears to be even busier!

Mens Fell Report

Not the best of month's on the Men's fell front as we failed to finish a team in the Ian Hodgson Relays due to injury, failed to even get a team for the FRA Relays, and are on the reserve list for a place in the Calderdale Way Relay. On the bright side, the legs which were completed at the Ian Hodgson indicated that we would have matched or beaten recent achievements, and with a full

strength team we are still capable of finishing within the top 10. Tom Adams has again had a great month and pushed English V40 champion Lloyd Taggart all the way to claim 2nd place at Withins Skyline, as well as running the legs off me at the IH Relays.

3 headtorch runs have been held on a Tuesday night with session on the Moor & also Beamsley Beacon. These have proven very popular, and present the opportunity to develop a good training group throughout the winter, although ironically, half of the group running off road in the dark rarely venture on to the fells to race in the daylight!

November see's a break from the team competition element but I'm sure there will be plenty of people enjoying the usual favourites such as Shepherds Skyline.

Mens Road Report

A really good turnout of 8 men's teams in the Yorks vets road relays. We won prizes for 2nd team in the M35, M50 & M60 categories. Our M40 team narrowly missed 3rd place & our 2nd M50 team finished 3rd, but were ineligible for the prize. Organising 28 runners in 8 teams was a bit of a logistical challenge, especially with the usual late injuries etc., but fortunately a late desperate call for reserves was successful.

There were two club records set during the month. Jeff Paget did a fine sub 3 hour marathon at Leicester & Geoff Howard broke his own M65 10 mile record.

Ladies XC Report

We are now 2 races out of 4 into the Complete Runner league and 9 ladies have run so far out of 18 entered, which is a bit disappointing. Team wise we have been 6th and 7th. It has been great to see Rachel Wolfenden giving XC a go and also really good to have Helen Isley and Emma Barclay returning post natal. Most of the XC stalwarts are V40+ and as a club we need to work on recruiting more ladies under 40 to XC. Although fitting regular racing around family commitments is always a problem for ladies.

Next weekend is the start of the PECO league but the clash with Ben's Run means turn out could be low and trying to cover the age groups needed probably impossible (see Malcom's Mens XC report). Hopefully we can recruit mass participation for subsequent PECOs.

Men's XC Report

An encouraging start to the season. A total of 21 men asked to be entered for the Complete Runner xc league., 13 ran in the first one and eight in last Saturday's race at Huddersfield. The team finishing, 8th and 9th to date, so I am hoping we can make the final team placings.

Tom Adams still shows the theory ..." that you are only , as good as your last race." In that he is still very much at the sharp bit ,with 5th and 7th positions so far, in this high level of competition. Jim Towers, Mark Iley, Eric Morley and Nick Pearce are the only other men who have managed to run both fixtures to date.

Sadly, the first Peco XC league league is on Sunday, 7th Nov, the day as our 5miler Ben's Wish to Walk road race. However I do feel the club is large enough to support both of these events. Although I have not put anything on the website about the Peco, or should I ?