

## 2010 ROAD RACE RANKINGS

5K MEN					5K WOMEN						
		CAT.	TIME	EVENT	DATE			CAT.	TIME	EVENT	DATE
1	Tom Adams	M	16:12	Rupert Road	03-Mar	1	Sally Morley	F35	18:14	John Carr 2	12-May
2	Dave Wilby	M	16:35	John Carr 1	05-May	2	Alison Bennett	F45	19:25	John Carr 2	12-May
3	Mark Mon-Williams	M45	17:22	John Carr 3	19-May	3	Jane Bryant	F40	19:37	John Carr 1	05-May
4	Richard Reeve	M50	17:23	John Carr 2	12-May	4	Tracey Greenway	F45	20:13	Derby	15-Sep
5	Henry Heavisides	M55	17:29	John Carr 1	05-May	5	Brit Tate	FJ	20:21	Leeds parkrun	23-Oct
6	Mark Iley	M45	17:48	John Carr 2	12-May	6	Diane Haggard	F45	21:11	John Carr 1	05-May
7	Steve Coy	M35	17:50	John Carr 3	19-May	7	Jann Smith	F40	21:16	John Carr 2	12-May
8	Nick Richardson	M35	17:53	Rupert Road	03-Mar	8	Kate Archer	F	21:31	Rupert Road	03-Mar
9	Dave Westhead	M	17:56	Rupert Road	03-Mar	9	Lucy Jacques	FJ	22:53	John Carr 3	19-May
10	Andy Wiggans	M45	18:02	John Carr 3	19-May	10	Val Kerr	F50	23:03	Rupert Road	03-Mar

10K MEN					10K WOMEN						
		CAT.	TIME	VENUE	DATE			CAT.	TIME	EVENT	DATE
1	Tom Adams	M	00:34:19	ApperleyBridge	27-May	1	Brit Tate	FJ	00:39:19	Abbey Dash	21-Nov
2	Dave Wilby	M	00:35:06	Dewsbury	07-Feb	2	Rachel Wolfenden	F	00:40:30	Abbey Dash	21-Nov
3	Jamie Hutchinson	M40	00:35:19	Abbey Dash	21-Nov	3	Jane Bryant	F40	00:40:56	Abbey Dash	21-Nov
4	Justin Phillips	M	00:36:08	Dewsbury	07-Feb	4	Emma Barclay	F	00:41:24	Dalby Dash	14-Nov
5	Henry Heavisides	M55	00:36:53	Abbey Dash	21-Nov	5	Alison Bennett	F45	00:41:34	Dewsbury	07-Feb
6	Andy Wiggans	M45	00:37:01	Rothwell	03-May	6	Kate Archer	F	00:42:26	Bradford	21-Mar
7	Richard Reeve	M50	00:37:02	Rothwell	03-May	7	Sharon Williams	F45	00:42:33	Abbey Dash	21-Nov
8	Steve Weston	M45	00:37:19	Harrogate	25-Jul	8	Helen Horton	F45	00:43:27	Abbey Dash	21-Nov
9	Rob Cunningham	M	00:37:32	Abbey Dash	21-Nov	9	Kelly Harrison	F	00:43:29	Wakefield	28-Mar
10	Julian Carter	M	00:37:47	Abbey Dash	21-Nov	10	Jann Smith	F40	00:44:14	Abbey Dash	21-Nov

10 MILE MEN					10 MILE WOMEN						
		CAT.	TIME	EVENT	DATE			CAT.	TIME	EVENT	DATE
1	Nick Richardson	M35	01:00:29	Snake Lane	28-Feb	1	Sally Malir	F45	01:09:17	Eccup	11-Jul
2	Justin Phillips	M	01:02:58	Stockport	12-Dec	2	Jane Bryant	F40	01:11:50	Ryedale	05-Sep
3	Jamie Hutchinson	M35	01:03:48	Guy Fawkes	31-Oct	3	Christine Matthews	F55	01:13:58	Preston	21-Nov
4	Jonathan Sinclair	M45	01:05:25	Otley	09-Jun	4	Caroline Bell	F	01:14:11	Eccup	11-Jul
5	Geoff Howard	M65	01:06:29	Wistow	24-Oct	5	Jann Smith	F40	01:14:51	Otley	09-Jun
6	Nigel Tapper	M45	01:09:29	Snake Lane	28-Feb	6	Sharon Williams	F	01:18:16	Burnsall	21-Aug
7	Duncan Cooper	M40	01:10:33	Eccup	11-Jul	7	Helen Horton	F45	01:19:13	Eccup	11-Jul
8	Rob Cunningham	M	01:10:36	Burnsall	21-Aug	8	Sue Bickerdike	F40	01:23:46	Eccup	11-Jul
9	Paul Stephens	M50	01:11:29	Eccup	11-Jul	9	Liz Price	F	01:24:06	Burnsall	21-Aug
10	Mike Baldwin	M50	01:13:08	Otley	09-Jun	10	Hilda Coulsey	F	01:25:50	Guy Fawkes	31-Oct

1/2 MARATHON MEN					1/2 MARATHON WOMEN						
		CAT.	TIME	VENUE	DATE			CAT.	TIME	VENUE	DATE
1	Justin Phillips	M	01:19:21	Brass Monkey	24-Jan	1	Sally Malir	F45	01:28:06	Brass Monkey	24-Jan
2	Andy Wiggans	M45	01:20:09	Blackpool	21-Feb	2	Rachel Wolfenden	F	01:30:25	Fleetwood	29-Aug
3	Jonathan Sinclair	M45	01:20:17	Brass Monkey	24-Jan	3	Jane Bryant	F40	01:30:34	Brass Monkey	24-Jan
4	Stephen Coy	M35	01:21:17	Brass Monkey	24-Jan	4	Sharon Williams	F45	01:34:56	Maranello	10-Oct
5	Paul O'Looney	M40	01:21:22	Brass Monkey	24-Jan	5	Jann Smith	F40	01:36:27	Blackpool	21-Feb
6	Henry Heavisides	M55	01:21:31	Brass Monkey	24-Jan	6	Christine Matthews	F55	01:37:27	Maranello	10-Oct
7	David Brown	M40	01:24:27	Brass Monkey	24-Jan	7	Helen Horton	F45	01:39:32	Brass Monkey	24-Jan
8	Julian Carter	M	01:24:33	Fleetwood	29-Aug	8	Liz Price	F40	01:43:00	Maranello	10-Oct
9	Jeff Paget	M55	01:26:14	Edinburgh	23-May	9	Anna Nolan	F35	01:44:00	Maranello	10-Oct
10	Neil Chapman	M50	01:26:44	Brass Monkey	24-Jan	10	Sue Bickerdike	F40	01:45:28	Blackpool	11-Apr

MARATHON MEN					MARATHON WOMEN						
		CAT.	TIME	EVENT	DATE			CAT.	TIME	EVENT	DATE
1	Jonathan Sinclair	M45	02:55:23	London	25-Apr	1	Sally Malir	F45	03:10:49	London	25-Apr
2	Jeff Paget	M55	02:59:23	Leicester	10-Oct	2	Rachel Wolfenden	F	03:19:19	London	25-Apr
3	Andy Wiggans	M45	03:07:19	Blackpool	11-Apr	3	Jann Smith	F40	03:39:21	Blackpool	11-Apr
4	Rob Cunningham	M	03:19:58	London	25-Apr	4	Heather Duke	F40	05:34:00	Paris	11-Apr
5	Neil Chapman	M50	03:20:11	London	25-Apr	5					
6	Simon Chapman	M	03:42:09	London	25-Apr	6					
7	Paul O'Looney	M40	03:46:25	London	25-Apr	7					
8	Martin Wright	M45	03:53:00	Maranello	10-Oct	8					
9	Tim Ratcliffe	M55	03:55:08	London	25-Apr	9					
10	Roddy MacDonald	M	03:58:43	London	25-Apr	10					