

Many thanks to all who helped and took part in the Bingley St Ives Trail Race , from the Bingley St Ives estate. Impressive organisation as usual supported by Bingley Harriers .

The event was a great success . A beautiful sunny evening and pie and pea supper adding to the enjoyment of a total of 98 runners , including 6 juniors .

Tom Adams of Ilkley led the men in in a time of 32.12 , with Lucy Griffiths of Bingley the first lady and 17th overall in a time of 39.13 .

The juniors running a shortened 3 mile loop weren't far behind with Jack Thorpe of Bingley first in 27.44 and Gordon Weight not far behind in 28.49 .

In total 57 men and 35 ladies completed the course and hopefully they will all be back next year for another great night out bringing a friend or two .

Incorporated in to the event is a Mob Match competition between local clubs Bingley and Ilkley Harriers , with athletes counting towards the trophy on a weighted points system. This year for the third year in a row Ilkley swept the trophy with an impressive turnout of 36 runners as opposed to 19 from Bingley . Well done Ilkley .

The event raised £515 for the Riding for the Disabled charity which offers riding to young people and adults with a range of disabilities and learning difficulties . The Charity is most grateful to the event for it's continued valued support .

See you all next year !!

Mary Green ( event organiser )

Mob Match Results: Bingley fielded 19 runners, so allowing only the best 19 Ilkley runners' points, Ilkley beat Bingley 1639 points to 1521 points

Posn	Time	Race #	Name	Club	F	Vet	Points
1	32.12	159	Tom Adams	Ilkley Harriers			100.00
2	32.21	205	Karl Gray	Calder Valley		V40	105.89
3	33.48	211	Ian Nixon	Pudsey & Bramley			95.27
4	33.58	195	Matthew John	Abbey Runners			94.80
5	35.09	186	James Senior	Bingley Harriers			91.61
6	35.25	231	Martin Peace	Bingley Harriers		V40	96.72
7	35.39	161	Paul Mitchell	Bingley Harriers		V40	96.09
8	35.43	234	Will Kerr	St Bedes AC			90.15
9	36.11	198	Phil Livermore	Abbey Runners			88.99
10	36.33	194	Mark Mon-Williams	Ilkley Harriers		V40	93.72
11	37.47	146	Mark Hutcheson	Keighley and Craven AC		V40	90.66
12	37.57	207	Samuel Stell	Otley AC			84.85
13	38.04	160	Matt Barnes	U/A		V40	89.99
14	38.23	201	Dick Ballantine	Keighley and Craven AC		V40	89.25
15	38.41	187	Stuart Conway	Keighley and Craven AC			83.24
16	39.03	225	Adam Worrall	Bingley Harriers			82.46
17	39.13	182	Lucy Griffiths	Bingley Harriers	F		91.23
18	39.20	185	Dave Cummings	Ilkley Harriers		V40	87.09
19	39.25	164	Richard Taylor	Keighley and Craven AC		V40	86.91
20	39.30	145	Henry Heavisides	Ilkley Harriers		V50	92.64
21	39.31	147	Benjamin Cousen	Otley AC			81.48
22	39.34	193	Nick Pearce	Ilkley Harriers		V50	92.48

23	39.35	156	Keith Binns	Fell Ponies	V40	86.54
24	39.50	191	Neil Smith	Ilkley Harriers	V40	86.00
25	39.51	226	Jonnie Butler	Keighley and Craven AC	V50	91.82
26	39.55	162	Peter Clarke	Todmorden Harriers	V50	91.67
27	39.56	228	Toni Melechi	Ilkley Harriers	V40	85.78
28	40.03	212	Peter Kettleborough	Otley AC	V40	85.53
29	40.13	199	Alison Bennett	Ilkley Harriers	F V40	95.32
30	40.16	176	Trish Gavins	Keighley and Craven AC	F V40	95.20
31	40.22	229	Mike Baldwin	Ilkley Harriers	V50	90.65
32	40.43	192	Paul Stephens	Ilkley Harriers	V50	89.87
33	40.51	233	James Houghtoon	Bingley Harriers		78.82
34	41.21	203	Danny Ward	Bingley Harriers	V40	82.84
35	42.37	232	Ian Marshall	Ilkley Harriers	V40	80.38
36	43.28	141	Chris Jones	Hyde Park Harriers	V50	84.18
37	43.45	168	Stephen Firth	Bingley Harriers		73.60
38	43.54	149	Michael Smith	Bingley Harriers	V50	83.35
39	44.23	151	David Weatherhead	Bingley Harriers	V60	90.69
40	44.57	189	Mark Latham	Bingley Harriers	V50	81.40
41	45.09	209	Marisol Carrera Vivar	Bingley Harriers	F V40	84.90
42	45.27	227	Angela Srivastava	Otley AC	F V40	84.34
43	45.34	170	Jann Smith	Ilkley Harriers	F V40	84.13
44	45.40	202	Michelle Woodrow	Bingley Harriers	F	78.35
45	45.41	210	Malcolm Coles	Valley Striders	V60	88.11
46	45.52	196	Dougie Scarfe	Ilkley Harriers	V40	74.68
47	46.08	172	Liam Mealey	Kirkstall Harriers		69.80
48	46.30	223	Graham Stead	Otley AC	V50	78.69
49	46.46	188	Janet-Alison Arkwright	Keighley and Craven AC	F	76.50
50	46.50	213	Peter Shoard	Bingley Harriers		68.75
51	47.26	206	Sue Fulton	Bingley Harriers	F V50	87.03
52	47.53	143	Jim Towers	Ilkley Harriers	V60	84.06
53	48.35	230	Joyce Marshall	Ilkley Harriers	F V50	84.97
54	48.58	200	Andrew Bennett	Ilkley Harriers	V50	74.73
55	49.55	224	Diane Haggart	Ilkley Harriers	F V40	76.79
56	49.56	142	Sue Morley	Ilkley Harriers	F V50	82.67
57	50.52	167	Don Macrae	Ilkley Harriers	V60	79.13
58	51.15	175	Alistair Gavins	Keighley and Craven AC	V50	71.40
59	51.16	220	Paul McGurk	Bradford Airedale	V50	71.37
60	51.57	169	Faye Firth	Bingley Harriers	F	68.87
61	52.05	178	Christine Cox	Ilkley Harriers	F V50	79.26
62	52.07	214	Sue Bickerdike	Ilkley Harriers	F V40	73.55
63	52.09	215	Vic Verecondi	Ilkley Harriers	V40	65.69
64	52.38	216	Amanda Newham	Ilkley Harriers	F V40	72.83
65	52.39	153	Phil Chappell	Ilkley Harriers	V40	65.06
66	52.49	150	Sheila Witham	Keighley and Craven AC	F V40	72.58
67	53.15	204	Lynn Donohue	Ilkley Harriers	F V40	71.99
68	53.18	181	Barbara Robinson	Skipton AC	F V50	77.45
69	53.23	219	Sheena Pickersgill	Ilkley Harriers	F V40	71.81
70	53.41	177	Paul Sugden	Ilkley Harriers	V40	63.81
71	53.55	173	Gordon Kaye	Bingley Harriers	V50	67.87
72	54.20	222	Bob Payne	Ilkley Harriers	V60	74.08
73	54.43	171	Helen Goldthorpe	Kirkstall Harriers	F	65.39
74	54.46	217	Tracey Wilcox	Stainland Lions	F V40	69.99

**Bingley St Ives Trail Race 2010****RESULTS****15 June 2010**

75	54.51	218	Donna Siberry	U/A	F		65.23
76	55.08	197	Judith Scarfe	Ilkley Harriers	F	V40	69.53
77	55.15	155	Colin Lugton	Ilkley Harriers		V60	72.85
78	55.21	166	Barry Markey	Bradford Airedale		V50	66.11
79	55.34	183	Lucy Rushworth	U/A	F		64.39
80	55.34	165	Tracey Hodgson	Keighley and Craven AC	F		64.39
81	56.21	179	Emma O'Looney	Ilkley Harriers	F	V40	68.03
82	56.22	152	Kerry Gilchrist	Bingley Harriers	F	V40	68.01
83	56.24	180	Paul O'Looney	Ilkley Harriers		V40	60.74
84	56.31	154	David Green	Ilkley Harriers		V40	60.61
85	59.07	157	Sarah McCarren	Fell Ponies	F	V40	64.84
86	59.08	158	Sara Leddy	U/A	F		60.50
87	59.09	148	Dee Ferrett	U/A	F		60.49
88	60.01	221	Emma Payne	Ilkley Harriers	F		59.61
89	62.29	174	Jacqui Weston	Ilkley Harriers	F	V40	61.35
90	63.35	163	Kathy Bridger	Todmorden Harriers	F	V40	60.29
91	64.30	144	Lyn Eden	Ilkley Harriers	F	V60	71.32
92	66.01	184	Richard Newman	Bingley Harriers			48.78

**Junior race**

1	27.44		Jack Thorpe	Bingley Harriers			15
2	28.49		Gordon Weight	Bingley Harriers			14
3	29.31		Sam Haggar	Ilkley Harriers			15
4	30.17		Tommy Thorpe	Bingley Harriers			10
5	30.12		Adam Thompson	Bingley Harriers			12
6	44.49		Lily Dooks	Bingley Harriers	F		12