

ILKLEY HARRIERS 10K TIMES 2005

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| GRAHAM PEARCE | ABBEY DASH | 27-Nov | 35.51 |
| JAMIE HUTCHINSON | ABBEY DASH | 27-Nov | 36.05 |
| TIM ASHELFORD | ABBEY DASH | 27-Nov | 36.30 |
| JACK WOOD | HARR.THEATRE | 04-Sep | 36.46 |
| JAMIE HUTCHINSON | DEWSBURY | 06-Feb | 36.45 |
| LAWRENCE BASHAM | RIBBLE VALLEY | 27-Dec | 36.52 |
| JOHN ATKINSON | ABBEY DASH | 27-Nov | 37.00 |
| JAMIE HUTCHINSON | WHELDRAKE | 11-Jul | 37.08 |
| ANDY WADE | SANDAL CASTLE | 22 May | 37.14 |
| JAMIE HUTCHINSON | ELLOUGHTON | 07-Aug | 37.20 |
| ANDY WADE | MORECAMBE | 05-Jun | 37.28 |
| BILLY KERR | RIBBLE VALLEY | 27-Dec | 37.35 |
| ANDY WADE | BLACKPOOL | 08-May | 37.39 |
| DAVID MATTEWS | RIBBLE VALLEY | 27-Dec | 37.43 |
| TERRY LONERGAN | ROTHWELL | 24-Apr | 38.04 |
| JOHN ATKINSON | 3 BRIDGES | 10-Apr | 38.24 |
| TERRY LONERGAN | SALFORD | 25-Mar | 38.24 |
| JAMIE HUTCHINSON | KIRKSTALL | 25-Sep | 38.31 |
| TERRY LONERGAN | BLACKPOOL | 08-May | 38.36 |
| JOHN ATKINSON | DEWSBURY | 06-Feb | 38.40 |
| KEN SOUYAVE | DEWSBURY | 06-Feb | 38.46 |
| JOHN ATKINSON | ELLOUGHTON | 07-Aug | 38.46 |
| DAVE JEPSON | DEWSBURY | 06-Feb | 38.49 |
| MARK ILEY | ABBEY DASH | 27-Nov | 38.50 |
| NEIL CHAPMAN | RIBBLE VALLEY | 27-Dec | 38.51 |
| MARC TEASEY | RIBBLE VALLEY | 27-Dec | 38.53 |
| ANDY WADE | HARR.TOWN | 31-Jul | 39.02 |
| ANDY WIGGANS | ABBEY DASH | 27-Nov | 39.07 |
| TERRY LONERGAN | 3 BRIDGES | 10-Apr | 39.16 |
| TERRY LONERGAN | AMSTERDAM | 16-Oct | 39.19 |
| TERRY LONERGAN | ROSEMERE | 17-Jul | 39.19 |
| ANDY WIGGANS | RIBBLE VALLEY | 27-Dec | 39.22 |
| ANDY WADE | WAKEFIELD | 10-Apr | 39.31 |
| JOHN ATKINSON | BURNLEY | 03-Apr | 39.28 |
| ANDY WIGGINS | TRAFFORD | 11-Sep | 39.33 |
| NEIL CHAPMAN | DEWSBURY | 06-Feb | 40.01 |
| IAN GIBBONS | HARR.TOWN | 31-Jul | 40.13 |
| GEOFF HOWARD | RIBBLE VALLEY | 27-Dec | 40.18 |
| ANDY WIGGANS | PRESTON | 10-Jul | 40.23 |
| MARK TEASEY | ABBEY DASH | 27-Nov | 40.26 |
| MARK ILEY | HARR.THEATRE | 04-Sep | 40.51 |
| ANDY WIGGINS | ACCRINGTON | 30-Oct | 40.59 |
| ANDY WIGGINS | GT.GEORGES | 23-Apr | 41.04 |
| NICK RICHARDSON | THORPE EDGE | 10-Jul | 41.05 |
| ANDREW HERBERT | RIBBLE VALLEY | 27-Dec | 41.25 |
| NEIL CHAPMAN | PENNINE | 09-Jan | 41.26 |
| ANDREW HERBERT | ABBEY DASH | 27-Nov | 41.49 |
| ALAN PEARSON | HARR.THEATRE | 04-Sep | 42.12 |
| EWAN WELSH | KIRKSTALL | 02-Oct | 42.12 |
| NEIL CHAPMAN | KIRKSTALL | 02-Oct | 42.12 |
| ANDY WEBSTER | SALFORD | 25-Mar | 42.14 |
| EWAN WELSH | HARR.THEATRE | 04-Sep | 42.20 |

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| KEITH WOOD | ABBEY DASH | 27-Nov | 42.23 |
| PETE SHIELDS | RIBBLE VALLEY | 27-Dec | 42.26 |
| ANDY WIGGINS | 3 BRIDGES | 10-Apr | 42.38 |
| JOHN WOODWARD | DEWSBURY | 06-Feb | 42.40 |
| JON TINDALL | MELMERBY | 29-May | 42.50 |
| JEFF PAGET | BLACK.BEACH | | 43.02 |
| TERRY BURGOYNE | HARR.TOWN | | 43.03 |
| NIGEL TAPPER | HORSFORTH | 02-Oct | 43.04 |
| ALAN PEARSON | HORSFORTH | 02-Oct | 43.04 |
| TERRY BURGOYNE | BLACKBURN | 14-Aug | 43.28 |
| MARK TEASEY | KIRKSTALL | 25-Sep | 43.37 |
| NEIL CHAPMAN | HARR.THEATRE | 04-Sep | 43.43 |
| PETE SHIELDS | PENNINE | 09-Jan | 43.45 |
| VIC VERECOMDI | SALFORD | 25-Mar | 43.46 |
| VIC VERECOMDI | VALENTINE'S | 13-Feb | 43.57 |
| KEITH WOOD | SALFORD | 25-Mar | 43.53 |
| VIC VERECOMDI | ABBEY DASH | 27-Nov | 44.11 |
| BOB WIGHTMAN | PRESTON | 10-Jul | 44.17 |
| KEITH WOOD | RIBBLE VALLEY | 27-Dec | 44.22 |
| ANDY WOLFENDEN | ROTHWELL | 24-Apr | 44.24 |
| DAVID TAYLOR | RIBBLE VALLEY | 27-Dec | 44.35 |
| ANDY WOLFENDEN | KIRKHAM | 11-Sep | 44.41 |
| ANDY WOLFENDEN | ARMTHOPE | 29-Aug | 44.44 |
| ANDY WOLFENDEN | KIRKSTALL | 25-Sep | 45.00 |
| ANDY WOLFENDEN | SALFORD | 23-Mar | 45.16 |
| ANDY WOLFENDEN | 3 BRIDGES | 10-Apr | 45.26 |
| ANDY WOLFENDEN | HARR.TOWN | 31-Jul | 45.53 |
| PETE BEDWELL | WHELDRAKE | 11-Jul | 45.40 |
| DAN ROEBUCK | KIRKSTALL | 25-Sep | 45.57 |
| MARK TEASEY | PUDSEY | 24-Jul | 46.15 |
| PETER HOLLANDS | WRAY LANCS. | 23-Apr | 46.21 |
| RICHARD GRAY | DEWSBURY | 06-Feb | 46.37 |
| ANDREW WEBSTER | ABBEY DASH | 27-Nov | 46.57 |
| ROB WILLS | DEWSBURY | 06-Feb | 47.13 |
| PETE BEDWELL | ABBEY DASH | 27-Nov | 47.26 |
| RICHARD GRAY | HORSFORTH | 02-Oct | 47.41 |
| SIMON CHAPMAN | KIRKSTALL | 25-Sep | 47.55 |
| PETE BEDWELL | HORSFORTH | 02-Oct | 48.06 |
| NICK MELLOR | HORSFORTH | 02-Oct | 48.51 |
| ANDREW KITCHEN | RIBBLE VALLEY | 27-Dec | 48.55 |
| SIMON CHAPMAN | DEWSBURY | 06-Feb | 49.16 |
| DAN ROEBUCK | DEWSBURY | 06-Feb | 49.17 |
| BERNIE CONNOR | ABBEY DASH | 27-Nov | 51.40 |
| JOHN COATES | ABBEY DASH | 27-Nov | 54.12 |
| LES ATKINS | ST.GEORGES | 23-Apr | 58.10 |
| BRIAN SWEET | KIRKSTALL | 25-Sep | 62.57 |

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| SARAH JARVIS | RIBBLE VALLEY | 27-Dec | 39.21 |
| CATH WOLFENDEN | 3 BRIDGES | 10-Apr | 40.10 |
| SALLY MALIR | ABBEY DASH | 27-Nov | 40.28 |
| ALISON BENNETT | CANADA | | 40.36 |
| ALISON BENNETT | MORECAMBE | 05-Jun | 40.59 |

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| AMANDA ODDIE | ABBAY DASH | 27-Nov | 41.14 |
| ALISON BENNETT | WRAY LANCS. | 23-Apr | 41.45 |
| ALISON BENNETT | ABBAY DASH | 27-Nov | 41.57 |
| SARAH JARVIS | KIRKSTALL | 25-Sep | 42.34 |
| CATH.WOLFENDEN | KIRKHAM | 11-Sep | 43.02 |
| SARAH JARVIS | PUDSEY | 24-Jul | 44.16 |
| ALISON BENNETT | HARR.THEATRE | 04-Sep | 44.30 |
| SUE BICKERDIKE | ABBAY DASH | 27-Nov | 44.32 |
| DIANE KITCHEN | RIBBLE VALLEY | 27-Dec | 44.43 |
| DEBBIE STEELE | ABBAY DASH | 27-Nov | 45.08 |
| SUE BICKERDIKE | MANCHESTER | 22-May | 45.32 |
| SUE BICKERDIKE | MELMERBY | 29-May | 45.56 |
| ADELE ERRINGTON | ABBAY DASH | 27-Nov | 46.18 |
| CATHERINE GIBBONS | RIBBLE VALLEY | 27-Dec | 47.05 |
| DEBBIE STEEL | HORSFORTH | 02-Oct | 47.55 |
| DEBBIE ROSEN | ABBAY DASH | 27-Nov | 48.36 |
| PAT LONERGAN | ABBAY DASH | 27-Nov | 48.39 |
| JEMMA BASHAM | RIBBLE VALLEY | 27-Dec | 48.50 |
| HELEN SHEW | HARR.TOWN | 31-Jul | 49.09 |
| KAREN WIGGANS | ST.GEORGE'S | 23-Apr | 49.12 |
| DEBBIE STEEL | HARR.THEATRE | 04-Sep | 50.08 |
| PAT LONERGAN | AMSTERDAM | 16-Oct | 50.20 |
| BERNIE GIBBONS | KIRKSTALL | 25-Sep | 53.08 |
| MARY GIBBONS | KIRKSTALL | 25-Sep | 53.11 |
| ADELE MITCHELL | HORSFORTH | 02-Oct | 53.14 |
| AMANDA PARNABY | KNARESBORO' | 08-May | 61.00 |
| CLARE SMITH | ABBAY DASH | 27-Nov | 63.28 |
| ANNE PEARSON | HARR.THEATRE | 04-Sep | 63.40 |
| ANNE PEARSON | HORSFORTH | 02-Oct | 64.12 |